

## Meniul zilei 13.07.2026

| Denumirea regimurilor | Mic dejun                                                                                                                 | Supliment ora 10                        | Pranz                                                                                                                                                        | Supliment ora 16                                                   | Cina                                                                                                     | Supliment ora 21               |
|-----------------------|---------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|--------------------------------|
| COMUN                 | branza topita 2 cub(al.lapte); Ceai,300ml; Gem,20gr; paine cu sare 80g; Salam 50g; unt,10gr(al-lapte);                    | ceai hidratare 300ml;                   | Friptura pulpe pui,220gr(155g pp); mere,200gr; paine cu sare 200 g(al-gluten); paste cu sos de rosii,300gr(al-gluten); supa cu fidea(al.glut.,telina)300ml;  | Ceai fara zahar,300ml;                                             | Ghiveci de legume 300g; orez cu lapte,300gr(al-lapte); Paine cu sare 100g(al- gluten);                   |                                |
| Cardiac               | Branza vaci 100 g(al-lapte); Ceai,300ml; Gem 40g(2buc); paine fara sare 80g; unt 2buc(20g)al.lapte);                      | ceai hidratare 300ml;                   | banane 200g; Paine fara sare 200g(al-gluten); paste albe,300gr(al-gluten); Rasol pulpe pui220gr(155gpp); supa cu fidea(al.glut.,telina)300ml;                | Ceai fara zahar,300ml;                                             | Mancare de cartofi regim 300g; orez cu lapte,300gr(al-lapte); Paine fara sare 100g(al-gluten);           |                                |
| Diabet colita         | branza topita 2 cub(al.lapte); Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine fara sare60g; sunca 100g;        | Branza vaci 100 g(al-lapte);            | mar copt200gr; paine fara sare60g; paste 100g; Rasol pulpe pui220gr(155gpp); supa alba de legume,300ml(al.glut.);                                            | cascaval 100g(al-lapte);                                           | mar copt200gr; paine fara sare 40g; pilaf 200g; rasol pulpe sup pui200g(140gpp);                         |                                |
| Diabet Hepatic        | branza topita 2 cub(al.lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; unt 2buc(20g)al.lapte); | laurt,140gr(al-lapte);                  | Friptura pulpe pui,220gr(155g pp); mere,200gr; paine cu sare 60g; Sote de fasole verde,200gr; supa de legume,300ml(al.telina);                               | laurt,140gr(al-lapte);                                             | cartofi natur 200g; friptura pulpe sup pui 200g(140gpp); laurt,140gr(al-lapte); paine cu sare 40g;       |                                |
| Diabet Card           | branza vaci 150gr(al.lapte); Ceai fara zahar,300ml; paine fara sare60g; unt 2buc(20g)al.lapte);                           | laurt,140gr(al-lapte);                  | Friptura pulpe pui,220gr(155g pp); mere,200gr; mincare de varza 300g; paine fara sare60g; supa de legume,300ml(al.telina);                                   | laurt,140gr(al-lapte);                                             | cartofi natur 200g; laurt,140gr(al-lapte); paine fara sare 40g; rasol pulpe sup pui200g(140gpp);         |                                |
| Diabet                | branza topita 2 cub(al.lapte); cascaval,50gr(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; salam 100g;             | laurt,140gr(al-lapte);                  | Friptura pulpe pui,220gr(155g pp); mere,200gr; mincare de varza 300g; paine cu sare 60g; supa de legume,300ml(al.telina);                                    | carnati cabanos 100g(2buc);                                        | cartofi natur 200g; friptura pulpe sup pui 200g(140gpp); laurt,140gr(al-lapte); paine cu sare 40g;       |                                |
| Diabet Insulina       | branza topita 2 cub(al.lapte); cascaval,50gr(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; salam 100g;             | laurt,140gr(al-lapte);                  | Friptura pulpe pui,220gr(155g pp); mere,200gr; mincare de varza 300g; paine cu sare 60g; supa de legume,300ml(al.telina);                                    | carnati cabanos 100g(2buc);                                        | cartofi natur 200g; friptura pulpe sup pui 200g(140gpp); laurt,140gr(al-lapte); paine cu sare 40g;       | laurt insulina 140g(al-lapte); |
| Gastric               | Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); Ceai,300ml; paine fara sare 80g; unt 2buc(20g)al.lapte);            | ceai hidratare 300ml;                   | banane 200g; Paine fara sare 200g(al-gluten); paste albe,300gr(al-gluten); Rasol pulpe pui220gr(155gpp); supa alba de legume 300ml(al.glut.);                | Ceai fara zahar,300ml;                                             | cartofi cu branza,300gr,100gr(al-lapte); orez cu lapte,300gr(al-lapte); Paine fara sare 100g(al-gluten); |                                |
| Hepatic               | branza topita 2 cub(al.lapte); cascaval,50gr(al-lapte); Ceai,300ml; Gem 40g(2buc); paine cu sare 80g;                     | ceai hidratare 300ml;                   | banane 200g; Friptura pulpe pui,220gr(155g pp); paine cu sare 200 g(al-gluten); paste albe,300gr(al-gluten); supa cu fidea(al.glut.,telina)300ml;            | Ceai fara zahar,300ml;                                             | Mancare de cartofi regim 300g; orez cu lapte,300gr(al-lapte); Paine cu sare 100g(al- gluten);            |                                |
| HIPERCALORIC          | branza topita 2 cub(al.lapte); Ceai,300ml; Gem,20gr; paine cu sare 80g; Salam 50g; unt,10gr(al-lapte);                    | branza cu smantana 1cut(al.lapte) 180g; | banane 200g; Friptura pulpe pui,220gr(155g pp); paine cu sare 200 g(al-gluten); paste cu sos de rosii,300gr(al-gluten); supa cu fidea(al.glut.,telina)300ml; | laurt,140gr(al-lapte); Napolitane 35gr(al-gluten,soia,lpt, alune); | Ghiveci de legume 300g; orez cu lapte,300gr(al-lapte); Paine cu sare 100g(al- gluten);                   |                                |
| Hipocaloric           | Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine fara sare 40g; sunca 100g;                                      | laurt,140gr(al-lapte);                  | mere,200gr; mincare de varza 300g; paine fara sare60g; Rasol pulpe pui220gr(155gpp); supa de legume,300ml(al.telina);                                        | laurt,140gr(al-lapte);                                             | cartofi natur 200g; rasol pulpe sup pui200g(140gpp);                                                     |                                |
| Speciali              | branza topita 2 cub(al.lapte); Ceai,300ml; Gem 40g(2buc); paine cu sare 80g; unt 2buc(20g)al.lapte);                      | ceai hidratare 300ml;                   | banane 200g; Friptura pulpe pui,220gr(155g pp); paine cu sare 200 g(al-gluten); paste cu sos de rosii,300gr(al-gluten); supa cu fidea(al.glut.,telina)300ml; | Ceai fara zahar,300ml;                                             | mancare de cartofi 300g; orez cu lapte,300gr(al-lapte); Paine cu sare 100g(al- gluten);                  |                                |

# MENIUL ZILEI 14.07.2026

| Denumirea regimurilor | Mic dejun                                                                                                             | Supliment ora 10                        | Pranz                                                                                                                                       | Supliment ora 16               | Cina                                                                                                                                                                  |
|-----------------------|-----------------------------------------------------------------------------------------------------------------------|-----------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| COMUN                 | Gris cu lapte; Napolitane 35gr(al-gluten,soia,lpt,alune); paine cu sare 40g; sunca 50g;                               | ceai hidratat 300ml;                    | ciorba cu zdrete ou 300ml(al.telina,ou,glut.); friptura pulpe sup pui 200g(140gpp); mere,200gr; paine cu sare 200 g(al-gluten); Pilaf 300g; | Ceai fara zahar,300ml;         | biscuiti 70gr(alergen gluten); cascaval,50gr(al-lapte); Friptura pulpe pui,220gr(155g pp); mancare de fasole verde 300g(al-gluten); Paine cu sare 100g(al- gluten);   |
| Cardiac               | Gem 40g(2buc); Gris cu lapte; Napolitane 35gr(al-gluten,soia,lpt,alune); paine fara sare 40g; unt 2buc(20g)al.lapte); | ceai hidratat 300ml;                    | mere,200gr; Paine fara sare 200g(al-gluten); Pilaf 300g; rasol pulpe sup pui200g(140gpp); Supa cu zdrete ou,300ml(al.glt,ou,tel);           | Ceai fara zahar,300ml;         | biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte); mancare de fasole verde regim 300g(al.glt.); Paine fara sare 100g(al-gluten); rasol pulpe sup pui200g(140gpp);  |
| Diabet colita         | branza topita 2 cub(al.lapte); Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine fara sare60g; sunca 100g;    | cascaval 100g(al-lapte);                | mere,200gr; paine fara sare 40g; pilaf 200g; rasol pulpe sup pui200g(140gpp); Supa alba cu zdrete ou ,300ml(al.glt,ou);                     | Branza vaci 100 g(al-lapte);   | cascaval,50gr(al-lapte); mar copt200gr; rasol pulpe sup pui200g(140gpp); Sote de fasole verde,200gr;                                                                  |
| Diabet Card           | branza vaci 150gr(al.lapte); Ceai fara zahar,300ml; paine fara sare60g; unt 2buc(20g)al.lapte);                       | laurt,140gr(al-lapte);                  | friptura pulpe sup pui 200g(140gpp); mere,200gr; paine fara sare60g; pilaf 200g; Supa cu zdrete ou,300ml(al.glt,ou,tel);                    | laurt,140gr(al-lapte);         | Branza vaci 100 g(al-lapte); friptura pulpe sup pui 200g(140gpp); laurt,140gr(al-lapte); paine fara sare60g; Sote de fasole verde,200gr;                              |
| Diabet                | Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; sunca 100g; unt 2buc(20g)al.lapte);            | laurt,140gr(al-lapte);                  | ciorba cu zdrete ou 300ml(al.telina,ou,glut.); friptura pulpe sup pui 200g(140gpp); mere,200gr; paine cu sare 60g; pilaf 200g;              | laurt,140gr(al-lapte);         | cascaval,50gr(al-lapte); friptura pulpe sup pui 200g(140gpp); laurt,140gr(al-lapte); paine cu sare 60g; Sote de fasole verde,200gr;                                   |
| Gastric               | cascaval,50gr(al-lapte); Gris cu lapte; Napolitane 35gr(al-gluten,soia,lpt,alune); paine fara sare 40g;               | ceai hidratat 300ml;                    | mar copt200gr; Paine fara sare 200g(al-gluten); Pilaf 300g; rasol pulpe sup pui200g(140gpp); Supa alba cu zdrete ou ,300ml(al.glt,ou);      | Ceai fara zahar,300ml;         | biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte); Paine fara sare 100g(al-gluten); paste albe,300gr(al-gluten); rasol pulpe sup pui200g(140gpp);                  |
| Hepatic               | cascaval,50gr(al-lapte); Gris cu lapte; Napolitane 35gr(al-gluten,soia,lpt,alune); paine cu sare 40g;                 | ceai hidratat 300ml;                    | friptura pulpe sup pui 200g(140gpp); mere,200gr; paine cu sare 200 g(al-gluten); Pilaf 300g; Supa cu zdrete ou,300ml(al.glt,ou,tel);        | Ceai fara zahar,300ml;         | biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte); mancare de fasole verde regim 300g(al.glt.); Paine cu sare 100g(al-gluten); rasol pulpe sup pui200g(140gpp);    |
| HIPERCALORIC          | Gris cu lapte; Napolitane 35gr(al-gluten,soia,lpt,alune); paine cu sare 40g; sunca 50g;                               | branza cu smantana 1cut(al.lapte) 180g; | ciorba cu zdrete ou 300ml(al.telina,ou,glut.); friptura pulpe sup pui 200g(140gpp); mere,200gr; paine cu sare 200 g(al-gluten); Pilaf 300g; | branza topita 2 cub(al.lapte); | biscuiti 70gr(alergen gluten); cascaval,50gr(al-lapte); friptura pulpe sup pui 200g(140gpp); mancare de fasole verde 300g(al-gluten); Paine cu sare 100g(al- gluten); |
| Hipocaloric           | Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine fara sare 40g; sunca 100g;                                  | laurt,140gr(al-lapte);                  | mere,200gr; paine fara sare 40g; pilaf 200g; rasol pulpe sup pui200g(140gpp); Supa cu zdrete ou,300ml(al.glt,ou,tel);                       | laurt,140gr(al-lapte);         | paine fara sare 40g; rasol pulpe sup pui200g(140gpp); Sote de fasole verde,200gr;                                                                                     |
| Speciali              | biscuiti 70gr(alergen gluten); Gem 40g(2buc); Gris cu lapte; paine cu sare 40g; unt 2buc(20g)al.lapte);               | ceai hidratat 300ml;                    | ciorba cu zdrete ou 300ml(al.telina,ou,glut.); friptura pulpe sup pui 200g(140gpp); mere,200gr; paine cu sare 200 g(al-gluten); Pilaf 300g; | Ceai fara zahar,300ml;         | biscuiti 70gr(alergen gluten); cascaval,50gr(al-lapte); mancare de fasole verde 300g(al-gluten); Paine cu sare 100g(al- gluten); rasol pulpe sup pui200g(140gpp);     |

## Meniul zilei 15.07.2026

| Denumirea regimurilor | Mic dejun                                                                                                                               | Supliment ora 10               | Pranz                                                                                                                                              | Supliment ora 16                                      | Cina                                                                                                                             |
|-----------------------|-----------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|
| COMUN                 | cascaval,50gr(al-lapte); Ceai,300ml; Gem 40g(2buc); paine cu sare 80g; unt 2buc(20g)al.lapte);                                          | ceai hidratate 300ml;          | Friptura pulpe pui 180g(125gpp); mere,200gr; mincare de varza 300g; paine cu sare 200 g(al-gluten); supa cu fidea(al.glut.,telina)300ml;           | Ceai fara zahar,300ml;                                | Macaroane cu telemea 300g(al-gluten,lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); paine cu sare 40g; sunca 50g;             |
| Cardiac               | Branza vaci 100 g(al-lapte); Ceai,300ml; Gem 40g(2buc); paine fara sare 80g; unt 2buc(20g)al.lapte);                                    | ceai hidratate 300ml;          | mere,200gr; Paine fara sare 200g(al-gluten); Piure din fulgi 300g(al.lapte); Rasol pulpe pui 180g(125gpp); supa cu fidea(al.glut.,telina)300ml;    | Ceai fara zahar,300ml;                                | laurt,140gr(al-lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); paste cu branza vaci 300g(al-gluten,lapte);                    |
| Diabet colita         | Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine fara sare60g; unt 2buc(20g)al.lapte); | branza topita 2 cub(al.lapte); | mar copt200gr; paine fara sare60g; paste 100g; Rasol pulpe pui 180g(125gpp); supa de legume,300ml(al.telina);                                      | Branza vaci 100 g(al-lapte);                          | mar copt200gr; paine fara sare 40g; pilaf 200g; Rasol pulpe pui 180g(125gpp); sunca 50g;                                         |
| Diabet Card           | Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine fara sare60g; unt 2buc(20g)al.lapte);                          | laurt,140gr(al-lapte);         | Friptura pulpe pui 180g(125gpp); mere,200gr; mincare de varza 300g; paine fara sare 80g; supa de legume,300ml(al.telina);                          | laurt,140gr(al-lapte);                                | Branza vaci 100 g(al-lapte); Friptura pulpe pui 180g(125gpp); laurt,140gr(al-lapte); paine fara sare 40g; pilaf 200g;            |
| Diabet                | Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; unt 2buc(20g)al.lapte);                 | laurt,140gr(al-lapte);         | Friptura pulpe pui 180g(125gpp); mere,200gr; mincare de varza 300g; paine cu sare 80g; supa de legume,300ml(al.telina);                            | telemea 100gr;                                        | Friptura pulpe pui 180g(125gpp); laurt,140gr(al-lapte); paine cu sare 40g; pilaf 200g; sunca 50g;                                |
| Gastric               | Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); Ceai,300ml; paine fara sare 80g; unt 2buc(20g)al.lapte);                          | ceai hidratate 300ml;          | mar copt200gr; Paine fara sare 200g(al-gluten); Piure din fulgi 300g(al.lapte); Rasol pulpe pui 180g(125gpp); supa alba de legume 300ml(al.glut.); | Ceai fara zahar,300ml;                                | laurt,140gr(al-lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); paste cu branza vaci 300g(al-gluten,lapte);                    |
| Hepatic               | Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); Ceai,300ml; Gem 40g(2buc); paine cu sare 80g;                                     | ceai hidratate 300ml;          | mere,200gr; paine cu sare 200 g(al-gluten); Piure din fulgi 300g(al.lapte); Rasol pulpe pui 180g(125gpp); supa cu fidea(al.glut.,telina)300ml;     | Ceai fara zahar,300ml;                                | laurt,140gr(al-lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); paine cu sare 40g; paste cu branza vaci 300g(al-gluten,lapte); |
| HIPERCALORIC          | cascaval,50gr(al-lapte); Ceai,300ml; Gem 40g(2buc); paine cu sare 80g; unt 2buc(20g)al.lapte);                                          | branza topita 2 cub(al.lapte); | Friptura pulpe pui 180g(125gpp); mere,200gr; mincare de varza 300g; paine cu sare 200 g(al-gluten); supa cu fidea(al.glut.,telina)300ml;           | biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte); | Macaroane cu telemea 300g(al-gluten,lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); paine cu sare 40g; sunca 50g;             |
| Hipocaloric           | Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine fara sare 40g;                                                 | laurt,140gr(al-lapte);         | mere,200gr; mincare de varza 300g; paine fara sare60g; Rasol pulpe pui 180g(125gpp); supa de legume,300ml(al.telina);                              | laurt,140gr(al-lapte);                                | pilaf 200g; Rasol pulpe pui 180g(125gpp);                                                                                        |
| Speciali              | cascaval,50gr(al-lapte); Ceai,300ml; Gem 40g(2buc); paine cu sare 80g; unt 2buc(20g)al.lapte);                                          | ceai hidratate 300ml;          | mere,200gr; mincare de varza 300g; paine cu sare 200 g(al-gluten); Rasol pulpe pui 180g(125gpp); supa cu fidea(al.glut.,telina)300ml;              | Ceai fara zahar,300ml;                                | biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte); paste cu branza vaci 300g(al-gluten,lapte);                                |

## Meniul zilei 16.07.2026

| Denumirea regimurilor | Mic dejun                                                                                                                     | Supliment ora 10               | Pranz                                                                                                                                              | Supliment ora 16                                                  | Cina                                                                                                                                                           | Supliment ora 21    |
|-----------------------|-------------------------------------------------------------------------------------------------------------------------------|--------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|
| COMUN                 | biscuiti 70gr(alergen gluten); Gem,20gr; paine cu sare 60g; sana 330(al.lapte); sunca 50g; unt,10gr(al-lapte);                | ceai hidratare 300ml;          | Ciorba legume,300ml(al-gluten,telina); Friptura pulpe pui 180g(125gpp); mere,200gr; paine cu sare 200 g(al-gluten); pilaf cu legume mexicane 300g; | Ceai fara zahar,300ml;                                            | branza cu smantana 1cut(al.lapte)180g; carnati 50g; mancare de cartofi 300g; Paine cu sare 100g(al- gluten);                                                   |                     |
| Cardiac               | biscuiti 70gr(alergen gluten); Gem 40g(2buc); paine fara sare60g; sana 330(al.lapte); unt 2buc(20g)al.lapte);                 | ceai hidratare 300ml;          | mere,200gr; Paine fara sare 200g(al-gluten); Pilaf 300g; Rasol pulpe pui 180g(125gpp); supa zarzavat 300ml(al.glut);                               | Ceai fara zahar,300ml;                                            | branza cu smantana 1cut(al.lapte)180g; Mancare de cartofi regim 300g; Paine fara sare 100g(al-gluten); Rasol pulpe pui 180g(125gpp);                           |                     |
| Diabet colita         | branza topita 2 cub(al.lapte); Branza vaci 100 g(al.lapte); Ceai fara zahar,300ml; paine fara sare60g; sunca 100g;            | cascaval 100g(al-lapte);       | mar copt200gr; paine fara sare60g; pilaf 200g; Rasol pulpe pui 180g(125gpp); supa alba de legume 300ml(al.glut.);                                  | Branza vaci 100 g(al-lapte);                                      | Branza vaci 100 g(al-lapte); mar copt200gr; paine fara sare 40g; paste 100g; Rasol pulpe pui 180g(125gpp);                                                     |                     |
| Diabet Card           | branza vaci 150gr(al.lapte); Ceai fara zahar,300ml; paine fara sare60g; unt 2buc(20g)al.lapte);                               | sana 330(al.lapte);            | Friptura pulpe pui,180g(125gpp); mere,200gr; paine fara sare 80g; Spanac cu sos,200gr; supa de legume,300ml(al.telina);.                           | laurt,140gr(al-lapte);                                            | branza cu smantana 1cut(al.lapte)180g; cartofi natur 200g; Friptura pulpe pui 180g(125gpp); paine fara sare 40g;                                               |                     |
| Diabet                | branza topita 2 cub(al.lapte); Ceai fara zahar,300ml; paine cu sare 60g; sunca 100g; unt 2buc(20g)al.lapte);                  | sana 330(al.lapte);            | Ciorba legume,300ml(al-gluten,telina); Friptura pulpe pui 180g(125gpp); mere,200gr; paine cu sare 80g; Spanac cu sos,200gr;                        | laurt,140gr(al-lapte);                                            | branza cu smantana 1cut(al.lapte)180g; cartofi natur 200g; Friptura pulpe pui 180g(125gpp); paine cu sare 40g;                                                 |                     |
| Diabet Insulina       | branza topita 2 cub(al.lapte); Ceai fara zahar,300ml; paine cu sare 60g; sunca 100g; unt 2buc(20g)al.lapte);                  | sana 330(al.lapte);            | Friptura pulpe pui 180g(125gpp); mere,200gr; paine cu sare 80g; Spanac cu sos,200gr; supa de legume,300ml(al.telina);                              | laurt,140gr(al-lapte);                                            | branza cu smantana 1cut(al.lapte)180g; cartofi natur,200g; Friptura pulpe pui 180g(125gpp); paine cu sare 40g;                                                 | sana 330(al.lapte); |
| Gastric               | biscuiti 70gr(alergen gluten); branza topita 2 cub(al.lapte); paine fara sare60g; sana 330(al.lapte); unt 2buc(20g)al.lapte); | ceai hidratare 300ml;          | mar copt200gr; Paine fara sare 200g(al-gluten); Pilaf 300g; Rasol pulpe pui 180g(125gpp); supa alba de legume 300ml(al.glut.);                     | Ceai fara zahar,300ml;                                            | branza cu smantana 1cut(al.lapte)180g; Cartofi natur,300gr; Paine fara sare 100g(al-gluten); Rasol pulpe pui 180g(125gpp);                                     |                     |
| Hepatic               | biscuiti 70gr(alergen gluten); branza topita 2 cub(al.lapte); Gem,20gr; paine cu sare 60g; sana 330(al.lapte);                | ceai hidratare 300ml;          | mere,200gr; paine cu sare 200 g(al-gluten); Pilaf 300g; Rasol pulpe pui 180g(125gpp); supa zarzavat 300ml(al.glut);                                | Ceai fara zahar,300ml;                                            | laurt,140gr(al-lapte); Mancare de cartofi regim 300g; Napolitane 35gr(al-gluten,soia,lpt,alune); Paine cu sare 100g(al- gluten); Rasol pulpe pui 180g(125gpp); |                     |
| HIPERCALORIC          | biscuiti 70gr(alergen gluten); Gem,20gr; paine cu sare 60g; sana 330(al.lapte); sunca 50g; unt,10gr(al-lapte);                | branza topita 2 cub(al.lapte); | Ciorba legume,300ml(al-gluten,telina); Friptura pulpe pui 180g(125gpp); mere,200gr; paine cu sare 200 g(al-gluten); Pilaf 300g;                    | laurt,140gr(al-lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); | branza cu smantana 1cut(al.lapte)180g; mancare de cartofi 300g; Paine cu sare 100g(al-gluten); Rasol pulpe pui 180g(125gpp);                                   |                     |
| Hipocaloric           | Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine fara sare 40g; sunca 100g;                                          | laurt,140gr(al-lapte);         | mere,200gr; paine fara sare60g; Rasol pulpe pui 180g(125gpp); Spanac cu sos,200gr; supa de legume,300ml(al.telina);                                | laurt,140gr(al-lapte);                                            | cartofi natur 200g; Rasol pulpe pui 180g(125gpp);                                                                                                              |                     |
| Speciali              | biscuiti 70gr(alergen gluten); Gem 40g(2buc); paine cu sare 60g; sana 330(al.lapte); unt 2buc(20g)al.lapte);                  | ceai hidratare 300ml;          | mere,200gr; paine cu sare 200 g(al-gluten); Pilaf 300g; Rasol pulpe pui 180g(125gpp); supa zarzavat 300ml(al.glut);                                | Ceai fara zahar,300ml;                                            | branza cu smantana 1cut(al.lapte)180g; mancare de cartofi 300g; Paine cu sare 100g(al-gluten); Rasol pulpe pui 180g(125gpp);                                   |                     |

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| Denumirea regimurilor | Mic dejun                                                                                                                           | Supliment ora 10                                                        | Pranz                                                                                                                                                                 | Supliment ora 16                                 | Cina                                                                                                                          | Supliment ora 21                  |
|-----------------------|-------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|
| COMUN                 | cascaval,50gr(al-lapte);<br>Ceai,300ml; Gem 40g(2buc);<br>paine cu sare 80g; unt<br>2buc(20g)al.lapte);                             | ceai hidratate<br>300ml;                                                | carnati cabanos 100g(2buc);<br>Ciorba cu cop.<br>pui,300ml,120g(85pp)(al.tel);<br>Mancare fasole alba 300g;<br>mere,200gr; paine cu sare 200 g(al-gluten);            | Ceai fara<br>zahar,300ml;                        | barcuta 80g; friptura pulpe<br>pui200g(140gpp); Paine cu sare<br>100g(al- gluten); paste cu sos de<br>rosii,300gr(al-gluten); |                                   |
| Cardiac               | Branza vaci 100 g(al-lapte);<br>Ceai,300ml; Gem 40g(2buc);<br>paine fara sare 80g; unt<br>2buc(20g)al.lapte);                       | ceai hidratate<br>300ml;                                                | mere,200gr; Paine fara sare<br>200g(al-gluten); Piure din fulgi<br>300g(al.lapte); Rasol pulpe pui<br>180g(125gpp); supa cu carne<br>pui,300ml,120g(85pp)(al.telina); | Ceai fara<br>zahar,300ml;                        | barcuta 80g; Paine fara sare<br>100g(al-gluten); paste albe,300gr(al-gluten); rasol pulpe<br>pui200g(140gpp);                 |                                   |
| Diabet colita         | Branza vaci 100 g(al-lapte);<br>cascaval 100g(al-lapte); Ceai<br>fara zahar,300ml; Ou fiert<br>1buc; paine fara sare60g;            | branza topita<br>2<br>cub(al.lapte);                                    | mar copt200gr; paine fara sare60g;<br>paste 100g; Rasol pulpe pui<br>180g(125gpp); supa alba cu<br>cop.pui,300ml,120g(85gpp);                                         | cascaval<br>100g(al-lapte);                      | Branza vaci 100 g(al-lapte); mar<br>copt200gr; paine fara sare 40g;<br>pilaf 200g; rasol pulpe<br>pui200g(140gpp);            |                                   |
| Diabet Card           | Branza vaci 100 g(al-lapte);<br>Ceai fara zahar,300ml; Ou<br>fiert 1buc; paine fara<br>sare60g; unt<br>2buc(20g)al.lapte);          | laurt,140gr(al-lapte);                                                  | Friptura pulpe pui 180g(125gpp);<br>mere,200gr; mincare de varza<br>300g; paine fara sare 80g; supa cu<br>cop. pui,300ml,120g(85pp)(al.tel);                          | sana<br>330(al.lapte);                           | laurt,140gr(al-lapte); paine fara<br>sare 40g; pilaf 200g; rasol pulpe<br>pui200g(140gpp);                                    |                                   |
| Diabet                | Branza vaci 100 g(al-lapte);<br>cascaval 100g(al-lapte); Ceai<br>fara zahar,300ml; paine cu<br>sare 60g; unt<br>2buc(20g)al.lapte); | laurt,140gr(al-lapte);                                                  | Ciorba cu cop.<br>pui,300ml,120g(85pp)(al.tel);<br>mere,200gr; mincare de varza<br>300g; paine cu sare 80g; Rasol<br>pulpe pui 180g(125gpp);                          | carnati<br>cabanos<br>100g(2buc);                | friptura pulpe pui200g(140gpp);<br>laurt,140gr(al-lapte); paine cu sare<br>40g; pilaf 200g;                                   |                                   |
| Diabet Insulina       | Branza vaci 100 g(al-lapte);<br>cascaval 100g(al-lapte); Ceai<br>fara zahar,300ml; paine cu<br>sare 60g; unt<br>2buc(20g)al.lapte); | laurt,140gr(al-lapte);                                                  | Ciorba cu cop.<br>pui,300ml,120g(85pp)(al.tel);<br>mere,200gr; mincare de varza<br>300g; paine cu sare 80g; Rasol<br>pulpe pui 180g(125gpp);                          | carnati<br>cabanos<br>100g(2buc);                | friptura pulpe pui200g(140gpp);<br>laurt,140gr(al-lapte); paine cu sare<br>40g; pilaf 200g;                                   | laurt insulina<br>140g(al-lapte); |
| Gastric               | Branza vaci 100 g(al-lapte);<br>cascaval,50gr(al-lapte);<br>Ceai,300ml; paine fara sare<br>80g; unt 2buc(20g)al.lapte);             | ceai hidratate<br>300ml;                                                | mar copt200gr; Paine fara sare<br>200g(al-gluten); Piure din fulgi<br>300g(al.lapte); Rasol pulpe pui<br>180g(125gpp); supa alba cu<br>cop.pui,300ml,120g(85gpp);     | Ceai fara<br>zahar,300ml;                        | barcuta 80g; Paine fara sare<br>100g(al-gluten); paste albe,300gr(al-gluten); rasol pulpe<br>pui200g(140gpp);                 |                                   |
| Hepatic               | Branza vaci 100 g(al-lapte);<br>cascaval,50gr(al-lapte);<br>Ceai,300ml; Gem 40g(2buc);<br>paine cu sare 80g;                        | ceai hidratate<br>300ml;                                                | mere,200gr; paine cu sare 200 g(al-gluten);<br>Piure din fulgi<br>300g(al.lapte); Rasol pulpe pui<br>180g(125gpp); supa cu cop.<br>pui,300ml,120g(85pp)(al.tel);      | Ceai fara<br>zahar,300ml;                        | barcuta 80g; friptura pulpe<br>pui200g(140gpp); Paine cu sare<br>100g(al- gluten); paste<br>albe,300gr(al-gluten);            |                                   |
| HIPERCALORIC          | cascaval,50gr(al-lapte);<br>Ceai,300ml; Gem 40g(2buc);<br>paine cu sare 80g; unt<br>2buc(20g)al.lapte);                             | Napolitane<br>35gr(al-gluten,soia,lpt<br>alune); sana<br>330(al.lapte); | Ciorba cu cop.<br>pui,300ml,120g(85pp)(al.tel);<br>Friptura pulpe pui 180g(125gpp);<br>Mancare fasole alba 300g;<br>mere,200gr; paine cu sare 200 g(al-gluten);       | branza cu<br>smantana<br>1cut(al.lapte)<br>180g; | barcuta 80g; friptura pulpe<br>pui200g(140gpp); Paine cu sare<br>100g(al- gluten); paste cu sos de<br>rosii,300gr(al-gluten); |                                   |
| Hipocaloric           | Branza vaci 100 g(al-lapte);<br>Ceai fara zahar,300ml; Ou<br>fiert 1buc; paine fara sare<br>40g;                                    | laurt,140gr(al-lapte);                                                  | mere,200gr; paine fara sare60g;<br>Rasol pulpe pui 180g(125gpp);<br>Sote de fasole verde,200gr; supa<br>cu cop. pui,300ml,120g(85pp)(al.tel);                         | laurt,140gr(al-lapte);                           | pilaf 200g; rasol pulpe<br>pui200g(140gpp);                                                                                   |                                   |
| Speciali              | cascaval,50gr(al-lapte);<br>Ceai,300ml; Gem 40g(2buc);<br>paine cu sare 80g; unt<br>2buc(20g)al.lapte);                             | ceai hidratate<br>300ml;                                                | Ciorba cu cop.<br>pui,300ml,120g(85pp)(al.tel);<br>Mancare fasole alba 300g;<br>mere,200gr; paine cu sare 200 g(al-gluten); Rasol pulpe pui<br>180g(125gpp);          | Ceai fara<br>zahar,300ml;                        | barcuta 80g; friptura pulpe<br>pui200g(140gpp); Paine cu sare<br>100g(al- gluten); paste cu sos de<br>rosii,300gr(al-gluten); |                                   |

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| Denumirea regimurilor | Mic dejun                                                                                                          | Supliment ora 10                        | Pranz                                                                                                                                       | Supliment ora 16                 | Cina                                                                                                                                                                           | Supliment ora 21    |
|-----------------------|--------------------------------------------------------------------------------------------------------------------|-----------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|
| COMUN                 | orez cu lapte,300gr(al-lapte); paine cu sare 60g; sunca 100g;                                                      | ceai hidratat 300ml;                    | banane 200g; friptura pulpe sup pui 200g(140gpp); Gulas 300g; paine cu sare 200 g(al-gluten); supa cu fidea(al.glut.,telina)300ml;          | Ceai fara zahar,300ml;           | cascaval,50gr(al-lapte); Friptura pulpe sup.220g(150pp); mancare spanac 300g; Napolitane 35gr(al-gluten,soia,lpt,alune); Paine cu sare 100g(al- gluten);                       |                     |
| Cardiac               | Gem 40g(2buc); orez cu lapte,300gr(al-lapte); paine fara sare60g; unt 2buc(20g)al.lapte);                          | ceai hidratat 300ml;                    | banane 200g; Cartofi natur,300gr; Paine fara sare 200g(al-gluten); rasol pulpe sup pui200g(140gpp); supa cu fidea(al.glut.,telina)300ml;    | Ceai fara zahar,300ml;           | laurt,140gr(al-lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); Paine fara sare 100g(al-gluten); rasol pulpe sup.220g(150gpp); Sote de fasole verde,200gr;                   |                     |
| Diabet colita         | branza topita 2 cub(al.lapte); Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine fara sare60g; sunca 100g; | cascaval 100g(al-lapte);                | mere,200gr; paine fara sare 80g; rasol pulpe sup pui200g(140gpp); Sote de fasole verde,200gr; supa alba de legume 300ml(al.glut.);          | Branza vaci 100 g(al-lapte);     | cascaval,50gr(al-lapte); mar copt200gr; paine fara sare 40g; pilaf 200g; rasol pulpe sup.220g(150gpp);                                                                         |                     |
| Diabet Card           | branza vaci 150gr(al.lapte); Ceai fara zahar,300ml; paine fara sare60g; unt 2buc(20g)al.lapte);                    | laurt,140gr(al-lapte);                  | friptura pulpe sup pui 200g(140gpp); mere,200gr; paine fara sare 80g; Sote de fasole verde,200gr; supa de legume,300ml(al.telina);          | laurt,140gr(al-lapte);           | Branza vaci 100 g(al-lapte); Friptura pulpe sup.220g(150pp); laurt,140gr(al-lapte); paine fara sare60g; Spanac cu sos,200gr;                                                   |                     |
| Diabet                | Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; sunca 100g; unt 2buc(20g)al.lapte);         | laurt,140gr(al-lapte);                  | friptura pulpe sup pui 200g(140gpp); mere,200gr; paine cu sare 80g; Sote de fasole verde,200gr; supa de legume,300ml(al.telina);            | laurt,140gr(al-lapte);           | cascaval,50gr(al-lapte); Friptura pulpe sup.220g(150pp); laurt,140gr(al-lapte); paine cu sare 60g; Spanac cu sos,200gr;                                                        |                     |
| Diabet Insulina       | Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; sunca 100g; unt 2buc(20g)al.lapte);         | laurt,140gr(al-lapte);                  | friptura pulpe sup pui 200g(140gpp); mere,200gr; paine cu sare 80g; Sote de fasole verde,200gr; supa de legume,300ml(al.telina);            | laurt,140gr(al-lapte);           | cascaval,50gr(al-lapte); Friptura pulpe sup.220g(150pp); laurt,140gr(al-lapte); paine cu sare 60g; Spanac cu sos,200gr;                                                        | sana 330(al.lapte); |
| Gastric               | cascaval 100g(al-lapte); orez cu lapte,300gr(al-lapte); paine fara sare60g;                                        | ceai hidratat 300ml;                    | banane 200g; Cartofi natur,300gr; paine cu sare 200 g(al-gluten); rasol pulpe sup pui200g(140gpp); supa alba de legume 300ml(al.glut.);     | Ceai fara zahar,300ml;           | laurt,140gr(al-lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); Paine cu sare 100g(al- gluten); paste albe,300gr(al-gluten); rasol pulpe sup.220g(150gpp);                   |                     |
| Hepatic               | cascaval 100g(al-lapte); orez cu lapte,300gr(al-lapte); paine cu sare 60g;                                         | ceai hidratat 300ml;                    | banane 200g; Cartofi natur,300gr; friptura pulpe sup pui 200g(140gpp); paine cu sare 200 g(al-gluten); supa cu fidea(al.glut.,telina)300ml; | Ceai fara zahar,300ml;           | Friptura pulpe sup.220g(150pp); laurt,140gr(al-lapte); mancare de fasole verde regim 300g(al.glt.); Napolitane 35gr(al-gluten,soia,lpt,alune); Paine cu sare 100g(al- gluten); |                     |
| HIPERCALORIC          | orez cu lapte,300gr(al-lapte); paine cu sare 60g; sunca 100g;                                                      | branza cu smantana 1cut(al.lapte )180g; | banane 200g; friptura pulpe sup pui 200g(140gpp); Gulas 300g; paine cu sare 200 g(al-gluten); supa cu fidea(al.glut.,telina)300ml;          | barcuta 80g; sana 330(al.lapte); | cascaval,50gr(al-lapte); Friptura pulpe sup.220g(150pp); mancare spanac 300g; Napolitane 35gr(al-gluten,soia,lpt,alune); Paine cu sare 100g(al- gluten);                       |                     |
| Hipocaloric           | Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine fara sare 40g; sunca 100g;                               | laurt,140gr(al-lapte);                  | mere,200gr; paine fara sare60g; rasol pulpe sup pui200g(140gpp); Sote de fasole verde,200gr; supa de legume,300ml(al.telina);               | laurt,140gr(al-lapte);           | paine fara sare 40g; rasol pulpe sup.220g(150gpp); Spanac cu sos,200gr;                                                                                                        |                     |
| Speciali              | Gem 40g(2buc); orez cu lapte,300gr(al-lapte); paine cu sare 60g; unt 2buc(20g)al.lapte);                           | ceai hidratat 300ml;                    | banane 200g; friptura pulpe sup pui 200g(140gpp); Gulas 300g; paine cu sare 200 g(al-gluten); supa cu fidea(al.glut.,telina)300ml;          | Ceai fara zahar,300ml;           | biscuiti 70gr(alergen gluten); cascaval,50gr(al-lapte); Friptura pulpe sup.220g(150pp); mancare spanac 300g; Paine cu sare 100g(al-gluten);                                    |                     |

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| Denumirea regimurilor | Mic dejun                                                                                                                      | Supliment ora 10         | Pranz                                                                                                                                                       | Supliment ora 16                                                   | Cina                                                                                                                             | Supliment ora 21   |
|-----------------------|--------------------------------------------------------------------------------------------------------------------------------|--------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|--------------------|
| COMUN                 | branza cu smantana 1cut(al.lapte)180g; Ceai,300ml; Gem,20gr; paine cu sare 80g; unt,10gr(al-lapte);                            | ceai hidratate 300ml;    | banane 200g; friptura pulpe pui200g(140gpp); paine cu sare 200 g(al-gluten); Piure din fulgi 300g(al.lapte); supa cu aripi pui(al.tel.glut)300ml,90(60pp)g; | Ceai fara zahar,300ml;                                             | biscuiti 70gr(alergen gluten); macaroane cu telemea si branza 300g(al-gluten,lapt; paine cu sare 40g; sunca 50g;                 |                    |
| Cardiac               | branza cu smantana 1cut(al.lapte)180g; Ceai,300ml; Gem,20gr; paine fara sare 80g; unt,10gr(al-lapte);                          | ceai hidratate 300ml;    | banane 200g; Paine fara sare 200g(al-gluten); Piure din fulgi 300g(al.lapte); rasol pulpe pui200g(140gpp); supa cu carne pui,300ml,120g(85pp)(al.telina);   | Ceai fara zahar,300ml;                                             | biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte); paste cu branza vaci 300g(al-gluten,lapte);                                |                    |
| Diabet colita         | branza topita 2 cub(al.lapte); Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; | sunca 100g;              | mar copt200gr; paine cu sare 60g; pilaf 200g; rasol pulpe pui200g(140gpp); supa cu aripi pui(al.tel.glut)300ml,90(60pp)g;                                   | telemea 100gr;                                                     | mar copt200gr; paine cu sare 60g; rasol pulpe pui200g(140gpp); Sote de fasole verde,200gr; sunca 50g;                            |                    |
| Diabet Card           | branza cu smantana 1cut(al.lapte)180g; Ceai fara zahar,300ml; Ou fiert 1buc; paine fara sare60g;                               | laurt,140gr(al-lapte);   | friptura pulpe pui200g(140gpp); mere,200gr; paine fara sare60g; pilaf-200g; supa cu carne pui,300ml,120g(85pp)(al.telina);                                  | laurt,140gr(al-lapte);                                             | Branza vaci 100 g(al-lapte); laurt,140gr(al-lapte); paine fara sare60g; rasol pulpe pui200g(140gpp); Sote de fasole verde,200gr; |                    |
| Diabet                | branza cu smantana 1cut(al.lapte)180g; Ceai fara zahar,300ml; paine cu sare 60g; salam 100g;                                   | laurt,140gr(al-lapte);   | friptura pulpe pui200g(140gpp); mere,200gr; paine cu sare 60g; pilaf 200g; supa cu carne pui,300ml,120g(85pp)(al.telina);                                   | telemea 100gr;                                                     | laurt,140gr(al-lapte); paine cu sare 60g; rasol pulpe pui200g(140gpp); Sote de fasole verde,200gr; sunca 50g;                    |                    |
| Diabet Insulina       | branza cu smantana 1cut(al.lapte)180g; Ceai fara zahar,300ml; paine cu sare 60g; salam 100g;                                   | laurt,140gr(al-lapte);   | friptura pulpe pui200g(140gpp); mere,200gr; paine cu sare 60g; pilaf 200g; supa cu aripi pui(al.tel.glut)300ml,90(60pp)g;                                   | telemea 100gr;                                                     | laurt,140gr(al-lapte); paine cu sare 60g; rasol pulpe pui200g(140gpp); Sote de fasole verde,200gr; sunca 50g;                    | sana 330(al.lapte) |
| Gastric               | branza cu smantana 1cut(al.lapte)180g; branza topita 2 cub(al.lapte); Ceai,300ml; paine fara sare 80g;                         | ceai hidratate 300ml;    | banane 200g; Paine fara sare 200g(al-gluten); Piure din fulgi 300g(al.lapte); rasol pulpe pui200g(140gpp); supa alba cu aripi pui,300ml,90g;                | Ceai fara zahar,300ml;                                             | biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte); paste cu branza vaci 300g(al-gluten,lapte);                                |                    |
| Hepatic               | Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); Ceai,300ml; Gem 40g(2buc); paine fara sare 80g;                          | ceai hidratate 300ml;    | banane 200g; Paine fara sare 200g(al-gluten); Piure din fulgi 300g(al.lapte); rasol pulpe pui200g(140gpp); supa cu aripi pui(al.tel.glut)300ml,90(60pp)g;   | Ceai fara zahar,300ml;                                             | biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte); paste cu branza vaci 300g(al-gluten,lapte);                                |                    |
| HIPERCALORIC          | branza cu smantana 1cut(al.lapte)180g; Ceai,300ml; Gem,20gr; paine cu sare 80g; unt,10gr(al-lapte);                            | cascaval 100g(al-lapte); | banane 200g; friptura pulpe pui200g(140gpp); paine cu sare 200 g(al-gluten); Piure din fulgi 300g(al.lapte); supa cu carne pui,300ml,120g(85pp)(al.telina); | laurt,140gr(al-lapte); Napolitane 35gr(al-gluten,soia,lpt, alune); | biscuiti 70gr(alergen gluten); macaroane cu telemea si branza 300g(al-gluten,lapt; paine cu sare 40g; sunca 50g;                 |                    |
| Hipocaloric           | Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine cu sare 40g;                                          | laurt,140gr(al-lapte);   | friptura pulpe pui200g(140gpp); mere,200gr; paine cu sare 40g; pilaf 200g; supa cu aripi pui(al.tel.glut)300ml,90(60pp)g;                                   | laurt,140gr(al-lapte);                                             | paine cu sare 40g; rasol pulpe pui200g(140gpp); Sote de fasole verde,200gr;                                                      |                    |
| Speciali              | branza cu smantana 1cut(al.lapte)180g; Ceai,300ml; Gem,20gr; paine cu sare 80g; unt,10gr(al-lapte);                            | ceai hidratate 300ml;    | banane 200g; paine cu sare 200 g(al-gluten); Piure din fulgi 300g(al.lapte); rasol pulpe pui200g(140gpp); supa cu carne pui,300ml,120g(85pp)(al.telina);    | Ceai fara zahar,300ml;                                             | biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte); macaroane cu telemea si branza 300g(al-gluten,lapt;                        |                    |